

Area 5, Central Texas
HMAZ—South IH-35 Corridor
 Tab 7 – Intervention Selection Form

Subpopulation: FMS HISPANIC MEN RANKING: H
 FMS WHITE MEN
 FMS AFRICAN AMERICAN WOMEN
 FMS HISPANIC WOMEN
 All Ages, HIV negative and positive individuals and their partners

Name of Intervention	STD AND HIV RISK IN HETEROSEXUAL ADULTS ATTENDING A PUBLIC STD CLINIC: EVALUATION OF A RANDOM AND CONTROLLED BEHAVIORAL RISK REDUCTION INTERVENTION TRIAL (fact sheet 23-25)
Risk Behavior(s)	UNPROTECTED SEX
Influencing Factor(s) or FIBs	PERCEIVED SUSCEPTIBILITY SELF EFFICACY INTENTIONS COMMUNICATION AND NEGOTIATION SKILLS CULTURAL NORMS EXPECTED OUTCOMES SOCIAL SUPPORT RELATIONSHIP DEVELOPMENT
Intended Immediate Outcomes	CONDOM USE SKILLS IDENTIFIED RISK BEHAVIORS, SKILL BUILDING OF RISK REDUCTION INCREASE KNOWLEDGE ABOUT STD/HIV TRANSMISSION AND PREVENTION
Type	ILI
Setting	STD CLINIC IN AN URBAN/RURAL AREA
Is this intervention currently being provided in your planning area?	PARTIAL
Rationale for selecting this intervention:	INCREASE IN FMS INFECTIONS OF HIV/STD'S IDENTIFIED RISK BEHAVIORS IN NEEDS ASSESSMENT

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Subpopulation: FMS AFRICAN AMERICAN MEN	IDU AFRICAN AMERICAN MEN
FMS HISPANIC MEN	IDU HISPANIC MEN
FMS WHITE MEN	IDU WHITE MEN
FMS AFRICAN AMERICAN WOMEN	IDU AFRICAN AMERICAN WOMEN
FMS HISPANIC WOMEN	IDU HISPANIC WOMEN
FMS WHITE WOMEN	IDU WHITE WOMEN

RANKING: H

Name of Intervention PG. 1-7	REDUCTIONS IN HIV RISK AMOUNG RUNAWAY YOUTH (STREET SMART) (C-23 COMP)
Risk Behavior(s)	UNPROTECTED SEX SUBSTANCE USE
Influencing Factor(s) or FIBs	PERCEIVED SUSCEPTIBILITY SELF-EFFICACY EXPECTED OUTCOMES SEXUAL AROUSAL DRUG INDUCED AROUSAL GROUP NORMS PEER PRESSURE SOCAL SUPPORT COMMUNICATION AND NEGOTIATION SKILLS ENVIRONMENTAL FACILITATORS
Intended Immediate Outcomes	REDUCE SEXUAL AND DRUG-RELATED HIGH RISK BEHAVIORS
Type	GLI
Setting	SHELTERS FOR RUNAWAY YOUTH STREET
Is this intervention currently being provided in your planning area?	NO
Rationale for selecting this intervention:	INCREASED ASSERTIVENESS AND COPING SKILLS INCREASED HIV/AIDS KNOWLEDGE INCREASED KNOWLEDGE OF AVAILABLE RESOURCES

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 All Ages, HIV negative and positive individuals and their partners

RANKING: H

Name of Intervention	PROJECT RESPECT (C-11)
Risk Behavior(s)	UNPROTECTED SEX
Influencing Factor(s) or FIBs	SELF-ESTEEM SOCIAL SUPPORT RELATIONSHIP DEVELOPMENT COMMUNICATION/NEGOTIATION SKILLS PEER PRESSURE ATTITUDES GROUP NORMS PERCEIVED SUSCEPTIBILITY
Intended Immediate Outcomes	INCREASE CONDOM USAGE INCREASE TESTING
Type	GLI ILI (PREVENTION COUNSELING)
Setting	COMMUNITY CENTERS/STD CLINIC
Is this intervention currently being provided in your planning area?	PARTIAL
Rationale for selecting this intervention:	HIGH INCIDENCE OF UNPROTECTED SEX NOTED IN NEEDS ASSESSMENT DATA

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 All Ages, HIV negative and positive individuals and their partners

RANKING: H

Name of Intervention	CONDOM SKILLS EDUCATION (C-7)
Risk Behavior(s)	UNPROTECTED SEX
Influencing Factor(s) or FIBs	PERCEIVED SUSCEPTIBILITY SELF EFFICACY INTENTIONS COMMUNICATION AND NEGOTIATING SKILLS CULTURAL NORMS SOCIAL SUPPORT RELATIONSHIP DEVELOPMENT
Intended Immediate Outcomes	EFFECTIVE CONDOM USE
Type	ILI, CLI
Setting	HIV/STD CLINIC
Is this intervention currently being provided in your planning area?	PARTS BUT INCOMPLETE
Rationale for selecting this intervention:	TO REDUCE HIGH RISK BEHAVIOR ON THIS SUBPOPULATION

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Subpopulation: ALL SUBPOPULATIONS RANKING: H
 All Ages, HIV negative and positive individuals and their partners

Name of Intervention	HIV EDUCATION, TESTING AND COUNSELING (C-15)
Risk Behavior(s)	IDU AND SEX HIGH-RISK BEHAVIORS
Influencing Factor(s) or FIBs	GROUP PRESSURE PEER PRESSURE SELF-ESTEEM SOCIAL SUPPORT CULTURAL NORMS EXPECTED OUTCOMES ENVIRONMENTAL FACILITATION (ACCESS TO CONDOMS AND BLEACH KITS)
Intended Immediate Outcomes	INCREASE CONDOM USAGE WITH ALL PARTNERS PROVIDE HIV TESTING AND COUNSELING
Type	CLI, ILI
Setting	STD CLINIC, COMMUNITY VENUES
Is this intervention currently being provided in your planning area?	A MODIFIED VERSION IS BEING USED
Rationale for selecting this intervention:	PROVIDES TESTING AND COUNSELING TO INDIVIDUALS AT HIGH RISK FOR HIV

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 All Ages, HIV negative and positive individuals and their partners

Ranking: H

Name of Intervention	Skills building (C-4)
Risk Behavior(s)	Sex without condoms
Influencing Factor(s) or FIBs	Self efficacy Intentions Group norms Peer pressure Social support Environmental facilities (access to condoms and bleach kits)
Intended Immediate Outcomes	Increase frequency of condom use
Type	GLI
Setting	Methadone maintenance clinics
Is this intervention currently being provided in your planning area?	No
Rationale for selecting this intervention:	High risk population identified by epi-data

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 FMS AFRICAN AMERICAN MEN

RANKING: H

Name of Intervention	Group discussion condom promotion (C-8)
Risk Behavior(s)	Unsafe sexual behaviors
Influencing Factor(s) or FIBs	Self efficacy Self esteem Communication and negotiation skills Environmental facilitation (access to condoms) Peer pressure Cultural and group norms
Intended Immediate Outcomes	Increase condom use Increase knowledge about HIV STD'S
Type	GLI
Setting	STD clinic CBO lobby
Is this intervention currently being provided in your planning area?	No
Rationale for selecting this intervention:	Reduced infection rate in HIV for men Reduced STD infection rate in men

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SUBPOPULATION: FMS AFRICAN AMERICAN MEN
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 IDU AFRICAN AMERICAN MEN

FMS HISPANIC MEN
 IDU HISPANIC MEN
 IDU WHITE MEN

RANKING:M

Name of Intervention .	Intensive AIDS education in jail (C –5)
Risk Behavior(s)	Unprotected sex Substance use/abuse
Influencing Factor(s) or FIBs	Self esteem Peer pressure Self efficacy Communication and negotiation skills Perceived susceptibility
Intended Immediate Outcomes	Increase condom use Increase communication skills Decrease substance use/abuse
Type	GLI
Setting	Correctional facility
Is this intervention currently being provided in your planning area?	No
Rationale for selecting this intervention:	Generated alternative solutions Increased decision making skills Increased knowledge of and communication related to HIV/AIDS Increased condom use for vaginal, oral and anal sex Decreased high risk partners

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Ranking: H

Name of Intervention	ARREST PROGRAM AIDS RISK-REDUCTION EDUCATION AND SKILLS TRAINING ARREST PROGRAM (FACT SHEET PG –52)
Risk Behavior(s)	Risk-related sexual and drug use behaviors
Influencing Factor(s) or FIBs	Self esteem Self efficacy Peer pressure Illusions of invulnerability Communication and negotiation skills
Intended Immediate Outcomes	To increase HIV prevention knowledge and behavioral skills among adolescents
Type	GL
Setting	Community
Is this intervention currently being provided in your planning area?	No
Rationale for selecting this intervention:	To increase self esteem To increase communication and negotiation skills Increase assertiveness skills Increase proper condom usage and condom usage; in general

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Ranking: H

Name of Intervention	Reducing post-release HIV risk among male prison inmates (pg 82)
Risk Behavior(s)	Sex without condoms Sharing needles
Influencing Factor(s) or FIBs	Perceived susceptibility Environmental facilitators (access to clean works) Group norms Substance abuse Intentions
Intended Immediate Outcomes	Increase condom usage Decrease drug usage and sharing needles
Type	ILI
Setting	Jails
Is this intervention currently being provided in your planning area?	No
Rationale for selecting this intervention:	Increase HIV+ education in prison Provide HIV testing for these high risk populations

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Ranking: H

Name of Intervention	A randomized controlled trial of a behavioral intervention to prevent STD's among minority women (Fact sheet Pg. 48)
Risk Behavior(s)	Unprotected sex Multiple partners
Influencing Factor(s) or FIBs	Perceived susceptibility Perceived severity Self efficacy Self esteem Peer Pressure Intention Communication and negotiating skills Environmental facilitation (access to condoms and bleach kits)
Intended Immediate Outcomes	Increase condom usage Decrease partners
Type	GLI
Setting	STD/HIV Clinic
Is this intervention currently being provided in your planning area?	No
Rationale for selecting this intervention:	To reduce rates of STD infection by reducing high-risk behaviors. By reducing STD infections, reduce possibility of HIV infection.

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Subpopulation: ALL SUBPOPULATIONS

Ranking: H

Name of Intervention	AIDS Education for Drug Abusers (C1-6)	
Risk Behavior(s)	IDU and sex related HIV risk behaviors	
Influencing Factor(s) or FIBs	Group pressure Peer pressure Social support Intentions Self-esteem	Cultural norms Expected outcomes Environmental facilitation (access to condoms and bleach kits)
Intended Immediate Outcomes	Increase condom use with main and non-main partners Increase disinfection of injection equipment	
Type	Community level intervention (CLI)	
Setting	Inpatient drug detoxification and rehabilitation center	
Is this intervention currently being provided in your planning area?	Yes	
Rationale for selecting this intervention:	High-risk population our area. Identified HIV+ individuals from these settings.	

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Subpopulation: ALL SUBPOPULATIONS

Rankings: Same as the corresponding group in the selected HMAZ, LMAZ

Name of Intervention	Prevention Counseling/Partner Elicitation (PCPE)
Risk Behavior(s)	Substance use Sex without condoms Multiple partners
Influencing Factor(s) or FIBs	Perceived susceptibility Environmental facilitators (access to condoms and testing) Knowledge of STDs Group or Cultural Norms
Intended Immediate Outcomes	Increase proportion of HIV -infected persons who know their status Increase condom use Improve communication and negotiation skills Improve self perception of risk Provide access to condoms and testing Improve knowledge of STDs Reduce Number of sex partners
Type	Individual Level Intervention
Setting	Community based organization, STD clinics, other community-based locations
Currently provided?	Yes
Rationale for selecting intervention:	<p>Counseling, testing, referral and partner services have been recommended as an effective intervention for all populations in Texas. In the Centers for Disease Control and Prevention's <i>HIV Prevention Strategic Plan Through 2005</i>, Goal 2 is to increase the proportion of HIV-infected people in the U.S. who know they are infected through voluntary counseling and testing. The CDC's objectives to meeting this goal support the inclusion of this intervention for all populations. These objectives include: improving access to voluntary, client-centered counseling and testing in high seroprevalance populations and increasing the number of providers who provide voluntary, client-centered counseling and testing. The core elements of this intervention include risk assessment, risk reduction plan, and the option to test for HIV either anonymously or confidentially.</p> <p>The Texas CPGs recommend the following strategies to promote PCPE:</p> <ol style="list-style-type: none"> 1) Fact Sheet p. 31. <i>Culturally Tailored HIV/AIDS Risk-Reduction Messages Targeted to African-American Urban Women</i>. This 20-minute video increased the likelihood that women would view HIV as a personal risk, to request condoms, to talk with friends about AIDS, and to get tested for HIV. 2) Fact Sheet p. 34 <i>Context Framing to Enhance HIV Antibody Testing Messages Targeted to African-American Women</i>. This 25-minute video

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	<p>emphasizes the personal losses from not testing. Women were more likely to get tested and to talk to partners about testing after this video.</p> <p>3) Single session HIV/AIDS informational education: basic informational sessions discussing risks, correct condom and bleach kit use, referrals and the like enhance participants willingness to test either during or after the session.</p> <p>4) Bar outreach: sustained, consistent presence in a bar type setting enhances testing. The specific outreach that is known to work consisted of weekly presence in the bar, with an informational table, with staff present and interacting with bar managers, performers and patrons for 2-4 hours at a time. Testing was conducted at the bar or referral made to a community-based organization. Staff gained the trust of all through their sustained efforts.</p> <p style="text-align: right;">pcpe</p>
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Subpopulation: All **high priority** subpopulations, consistent with CDC Guidance, September 1997

Rankings: Same as the corresponding group in the selected HMAZ, LMAZ

Name of Intervention	Prevention Case Management (PCM)
Risk Behavior(s)	Multiple high risk behaviors consistent with HIV Prevention Case Management Guidance, September 1997 by the CDC Substance use Sex without condoms Multiple partners
Influencing Factor(s) or FIBs	Perceived susceptibility Fatalism Self Efficacy Peer Pressure Cultural group norms
Intended Immediate Outcomes	Increase condom use Decrease number of partners Increase Self Esteem Referral for new HIV positives into Early Intervention Programs Referral of HIV positives into more intensive Intervention Programs that address the Factors Influencing the Risky Behavior.
Type	Individual Level Intervention
Setting	Community based organization, STD clinics, other locations
Currently provided?	No
Rationale for selecting intervention:	<p><i>This intervention should target only high-risk individuals, whether HIV-positive or HIV-negative, with multiple, complex problems and risk-reduction needs.</i></p> <p>This intensive, client-centered prevention activity has the fundamental goal of promoting the adoption and maintenance of HIV risk-reduction behaviors. It is suitable for individuals seeking stability and regularity in their lives and/or individuals who are reaching an action step in dealing with health concerns. PCM should include 1) client recruitment and engagement, 2) screening and assessment of HIV and STD risks and medical and psychosocial service needs, 3) development of a client-centered prevention plan, 4) multiple session HIV risk-reduction counseling, 5) active coordination of services with follow-up, 6) monitoring and reassessment of client's needs, risks, and progress, and 7) discharge from PCM services upon attainment and maintenance of risk-reduction goals.</p> <p style="text-align: right;">pcm</p>